Universal, school-based prevention programs can significantly lower rates of aggression and violent behavior.
These programs are delivered to all students in a school or grade level.
They teach about various topics and develop skills, such as emotional self-awareness and control, positive social skills, problem-solving, conflict resolution, and teamwork.

"Preventing Youth Violence | Violence Prevention | Injury Center | CDC." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 7 Apr. 2020, www.cdc.gov/violenceprevention/youthviolence/fastfact.html.



- About 1 in 5 high school students reported being bullied on school property, and more than 1 in 12 high school students reported being cyberbullied in the last year.
- 8% of high school students had been in a physical fight on school property one or more times during the 12 months before the survey.
- More than 7% of high school students had been threatened or injured with a weapon (for example, a gun, knife, or club) on school property one or more times during the 12 months before the survey.
- About 9% of high school students had not gone to school at least 1 day during the 30 days before the survey because they felt they would be unsafe at school or on their way to or from school.

"Preventing School Violence | Violence Prevention| Injury Center | CDC." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 28 Oct. 2020, www.cdc.gov/violenceprevention/youthviolence/schoolviolence/fastfact.html.

### What Are Parents Saying About VIP?

"I learned a lot." Mom

"The instructor was very nice." Mom

"I learned that fighting can be illegal." Mom

"I wish more adults could participate." Dad

"This (class) should be taught in all the schools." Dad

"I never realized (all of this) was bullying." Mom

Source: 2021 VIP Survey SDBS



The Student Discipline and Behavior Support Department

### Spaugh Professional Development Center

1901 Herbert Spaugh Lane Charlotte, NC 28208

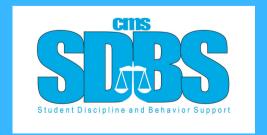
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# Violence Interventions Program



## **About Us**

The VIP program is designed to support students who have engaged in aggressive behaviors that disrupt the learning environment, whether it be at school, during a school activity, or off-campus. Attendance of both the student and their parent/guardian is mandatory for participation in VIP. The main objectives of the program are to raise awareness about youth violence through focused discussions, address inappropriate behavior through interventions, and examine the impact of youth violence on students' emotional and social well-being within the school setting.

We strive to provide our students with the necessary support to make informed decisions, address harm, prevent future incidents, and explore restorative options to find resolutions.

### What We Do

The VIP program aims to ensure a secure and student-focused learning environment by examining the policies related to aggressive behavior in the Charlotte Mecklenburg Schools District's Student Rights, Responsibilities, and Character Development Handbook. The program thoroughly reviews the district's policies outlined in Rules 9, 26, 30, and 32 of the handbook with the participation of students and their families.

# **Class Meetings**

VIP classes are conducted at the Student Discipline and Behavior Support Office on Saturdays from 9 am to 12 pm by appointment. Virtual class options are also available, but only by appointment.



CMS is committed to ensuring the safety of our schools and preventing incidents of violence. We believe that everyone - students, staff, and parents - plays a crucial role in promoting a safe school environment. To achieve this, VIP, our district-wide program, focuses on setting behavioral expectations, encouraging positive interventions, and offering support for social-emotional needs through a restorative practices model.



# Why is VIP important?

- Students distinguish between reporting bullying and seeking assistance.
- Students understand the significance of resisting peer pressure and the obligation to behave responsibly.
- Students acquire conflict resolution skills.
- Students develop strategies for managing anger.
- Students acknowledge the negative consequences of bullying and harassing behavior.

### VIP Program At A Glance

#### REFERRAL BASED

Students are referred to the VIP program by various sources, including School Administrators, Learning Community Administrators, DTMs, parental requests, or the Charlotte Mecklenburg Police Department's Youth Diversion Office.

#### **CURRICULUM**

The VIP curriculum incorporates a comprehensive range of topics including School Safety, Anger Management, Conflict Resolution, De-escalation Strategies, and Emotional Regulation. These subjects are taught using a restorative practice approach, which focuses on fostering social and emotional competencies.

### **EXPECTATIONS**

To successfully complete the VIP course, students are required to attend class with their parent/guardian, arrive on time, actively participate in discussions, remain attentive and engaged, follow instructions, respect their peers, and provide honest and thoughtful feedback when prompted.

Certificates of Completion are given at the end of the class. The referring school administrator and parent will also be informed upon the student's completion of the course.